

Assertive Community Treatment

ISSUE 14 SPRING 2017

MO ACT NEWSLETTER

Hello from DMH

Burrell Behavioral Health

Columbia TAY Team
Columbia BH/DD TAY Team
Springfield Adult Team
Springfield TAY Team

Compass Health:

Nevada Adult Team
Raymore TAY Team
Crider St. Charles TAY Team
Jefferson City TAY Team

Family Guidance Center

St. Joseph Adult Team

Ozark Center

Joplin:
Adult Team
TAY Team

Places for People

St. Louis:
Adult Teams
ACT 1 Team
Home Team
IMPACT Team
FACT Team

St. Patrick Center

St. Louis Adult Team

Hopewell

St. Louis TAY Team

INSIDE THIS ISSUE:

New Faces 2

Tips & Tools 2

Spotlight 3

TMACT Corner 3

Resources, Team map & DMH Contact Info 4

Continuing Ed training & MoACT forum board 5

The Arts 6

As our nation continues to tackle the opioid and prescription drug misuse epidemic, specialty services must be responsive to people with co-occurring serious mental illness (SMI) and substance use disorders (SUD). According to current research more than half of individuals with SMI have a co-occurring SUD in their lifetime. It is imperative that providers are responsive to the unique needs of people who have both an SMI and an SUD. There are evidence-based treatments that work to support recovery and save lives, yet these interventions are often underutilized. Medication Assisted Treatment (MAT) can support the recovery for people living with SMI and SUD. As you know, MAT is an evidence-based practice for the treatment of Opioid Use Disorders and Alcohol Use Disorders. When used in accordance with the evidence, it can serve to help decrease the number of Missourians...**no, friends, family members, church members, team members** that DIE from overdose.

It is vital that all forms of MAT be accessible to individuals for whom it might offer clinical benefit. I recognize that this might still be a sticking point for some, but **now is the time for**

everyone to get on board. There is a plethora of information out there that can be used to train all levels of staff, consumers, family members, doctors, etc. There are many resources that can be accessed to aid in implementation. Please ensure that your agency and team have a comprehensive plan and practice for: screening individuals for MAT, offering education about MAT to clients and staff, having access to a prescriber for MAT, coordinating services between the prescriber and psychosocial services, discussing MAT maintenance, talking about resources to pay for MAT, etc. One good source for information is the National Council's resources on medication assisted treatment for opioid use disorders. Watch videos, download presentations and fact sheets and share infographics from the [MAT resource page](#). I want to sincerely thank you all for the great work you do for the citizens of Missouri!

Nora Bock, Director of Adult Community Treatment

To be added to the distribution list for this newsletter, please click to contact lori.norval@dmh.mo.gov requesting the addition of your email address.

Welcome new ACT teams!



Don't miss the 2017 Real Voices, Real Choices Conference to be held on August 20th - 22nd, at Tan-Tar-A Resort and Conference Center in Osage Beach, MO. For more information visit:

<https://dmh.mo.gov/constituentservices/consumerconference.html>

Missouri ACT is on the web!

<http://dmh.mo.gov/mentalillness/provider/act.html>



WELCOME NEW FACES AND TEAMS!

We want to welcome those individuals who have recently joined our ACT teams!

Hopewell Center:

Brenda Magrum – Substance Use Specialist

Burrell Adult Springfield team:

Michael Swigert-CSS/ Peer Specialist

Family Guidance Center:

Marcela Flynn – CSS

Compass Health Adult Nevada Team:

Karalee Gerster – RN

Compass Health TAY Jefferson City

Brandy Friend – Program Assistant

Tamie McDowell – Peer Specialist

Compass Health Crider TAY St. Charles

Amanda Evans – Substance Use Specialist

Carly Nivison – Vocational Specialist

Michael Barclay – Substance Use Specialist

Melissa Fischer – APN

Brad Igel – CSS

Kristen Cleveland – RN

Ozark Center Adult Team:

Simeon Burchfield – Vocational Specialist



ACT Tips & Tools of the Trade

Treatment Team Meetings—the Heart of ACT services

The daily organizational staff meetings and the treatment planning meetings provide opportunities for exchange of information between the team.

For service community, (the team) members also use these meetings as opportunities to stimulate discussion with and make suggestions to staff less familiar with the client. If

some team members are not working effectively with the client or disagree with the treatment plan, (the team's) role is to discuss the plan, problem solve and get in agreement so there is consistency in service implementation across the whole team.

This process promotes a willingness on the part of all team staff members to work with any client at any time and to accept feedback and suggestions from fellow team members.

The TMACT Fidelity Protocol recommends keeping the meeting brief and moving through discussion about each client with whom the team has had contact in the last 24 hours. A brief assessment or snapshot of current issues is provided. Events of the day should be directly connected to the client weekly schedule and treatment plan.

Parts taken from "A Manual for ACT Start-Up", 2003 Ed. By Allness and Knoedler. (edited slightly with regard to ITTs)



For resource information on Supported Employment and Education services for Transitional Age Youth, visit the DMH website:

<http://dmh.mo.gov/men-talillness/transitio-nageyouth.html>



Follow PACTwise team solutions 'blog for interesting articles written by fellow ACT staff with over 30 year's experience in the field at: <https://pactwiseblog.com/>

TEAM MEMBER SPOTLIGHT

Name: Muhammad Baber, MD.

Team: Saint Patrick Center

Position: Psychiatrist

How long have you been on the team?

I started working with ACT Team at Saint Patrick Center in June 2008, so it is going to be 9 years soon.

What is your favorite food?

A Pakistani Indian food, called "Biryani", it comes in different forms, chicken, beef, lamb as well as shrimp. My favorite for years is "Shrimp Biryani".

What is your favorite part about being on an ACT team?

I work in two capacities, at Saint Patrick Center ACT Team and at BJC Behavioral Health, a regular

Community Mental Health Clinic. I believe, ACT Team becomes a Surrogate Family to the people with severe mental illness, which translate in to better continuity of care.

Small Team - more cohesiveness – better communication – more opportunity to train the team members. In a nutshell "It is like a well-oiled machine".

What is something you would like to share with other teams?

Xenophobia-Fear of Strangers:

We all deal with it at some point of time in our life. People with schizophrenia, have trust deficit. ACT Team concept can cultivate a trusting relationship which in turn translate into better understanding of peoples thought process, which in turn translate into better care.

TMACT Corner

The Supportive Housing Model is promoted within ACT services. This model includes assisting individuals in locating housing of their choice, respecting their privacy within their own residence, assisting them in accessing affordable, safe/decent and permanent housing and connecting them to housing that has assured ongoing tenancy rights, regardless of their progress or success in ACT services.

If fewer than 25% of individuals on the team live in settings without clustering people with disabilities or special needs, you will receive full credit for this subscale #1 for the Scale Item EP8—Evidence Based Practices regarding independent housing.

You can receive ACT specific technical assistance from DMH staff. They are happy to assist!

Lori.Norval@dmh.mo.gov

Lori.Franklin@dmh.mo.gov

Susan.Blume@dmh.mo.gov

Kelly.Orr@dmh.mo.gov

Chrystal.Frey@dmh.mo.gov

Carolyn.Conus@dmh.mo.gov

Page 4

DMH Contact Information:

Susan L. Blume, M.Ed.
 Manager of Service Implementation &
 Evaluation
 Department of Mental Health
 1706 East Elm Street
 Jefferson City, MO 65101
 Phone: (573) 751-8078
Susan.Blume@dmh.mo.gov

Lori Norval, MS, LPC
 Mental Health Manager
 Department of Mental Health
 2201 N. Elm St.
 Nevada, MO 64772
 Phone: (417) 448-3476
Lori.Norval@dmh.mo.gov

Kelly Orr
 Community Mental Health Specialist
 Department of Mental Health
 5400 Arsenal Street
 St. Louis, MO 63139
 Phone: (314) 887-5972
Kelly.Orr@dmh.mo.gov

Lori Franklin, MS
 Program Specialist II
 Department of Mental Health
 1706 East Elm Street
 Jefferson City, MO 65101
 Phone: (573) 751-0768
Lori.Franklin@dmh.mo.gov

Chrystal Frey, MA
 Quality Assurance Specialist
 Department of Mental Health
 2201 N. Elm St.
 Nevada, MO 64772
 Phone: (417) 448-3462
Chrystal.Frey@dmh.mo.gov

Carolyn Conus, MS
 Program Specialist II
 Department of Mental Health
 1706 East Elm Street
 Jefferson City, MO 65101
 Phone: (573) 526-0264
Carolyn.Conus@dmh.mo.gov



RESOURCES



Center for Evidence-Based Practices at Case Western Reserve University

<http://www.centerforebp.case.edu/>

Individual Resiliency Training (IRT)

<https://raiseetp.org/studymanuals/IRT%20Complete%20Manual.pdf>

Copeland Center for Wellness and Recovery

<http://copelandcenter.com/wellness-recovery-action-plan-wrap>

Dartmouth Supported Employment Center

<http://www.dartmouthips.org/>

Missouri Peer Specialist

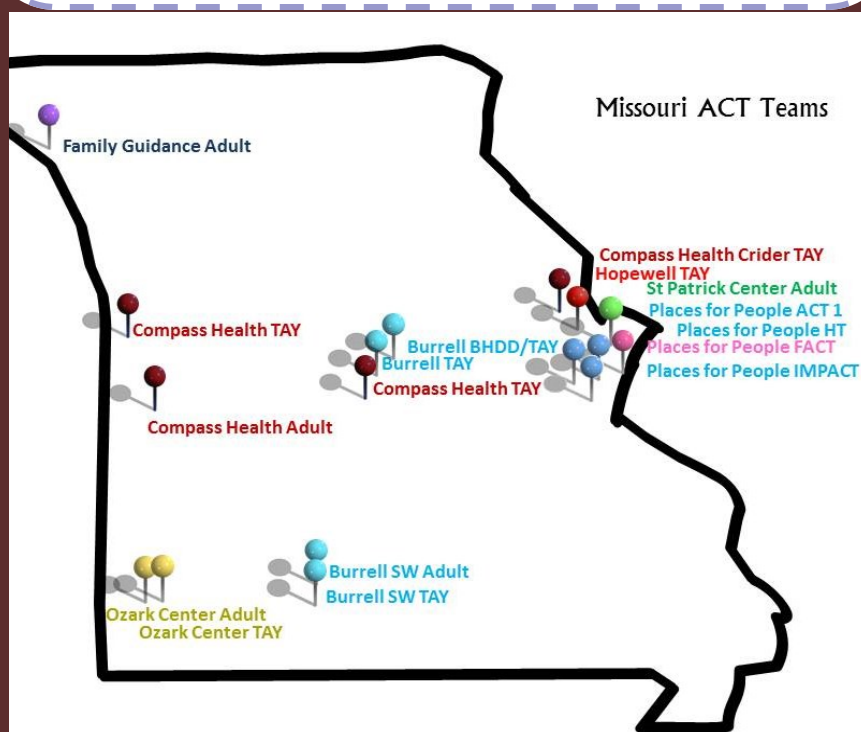
<http://www.peerspecialist.org/peerspecialist1.0/default.aspx>

SSI/SSDI Outreach, Access and Recovery (SOAR)

<http://soarworks.prainc.com/>

Missouri Recovery Network

www.morecovery.org



Missouri
Assertive Com-
munity Treat-
ment Newsletter
Issue 14
Spring 2017



To access the free
and downloadable
**Supported Hous-
ing Toolkit** on the
Substance Abuse
and Mental Health
Services Admin-
istration
(SAMHSA) web-
site:

[CLICK HERE](#)

Take the free
SOAR
online
training
course by
visiting

<http://soarworks.prainc.com/course/ssissdi-outreach-access-and-recovery-soar-online-training>

ACT Networking call con- tinuing education credit!

We are pleased to now offer continuing education credit for those attending the ACT Networking calls. Calls are used not only as a platform for networking, but also include helpful educational information relevant to the operations of the team as well as individual roles on the team. In addition, many of the aspects of conducting the evidence-based practices are discussed on the call. These are all elements that make up for good education and training credit. To ensure you receive your credit, please inform the call leader of your presence on the call, attend the call in its entirety and be sure you receive your certificate of attendance/participation. Those will include the learning elements as related to the topics on the call. We hope this is helpful in gaining credit hours toward your continuing education.

Free MOAct forum/discussion board

DMH has secured a web location for a forum/discussion board for ACT team staff members. The site is located at <http://moact-forum-board.freeforums.net/>

You must register for entry to the form and to see all the posts. Your registration is approved by one of the administrators of the forum. Once approved, you may begin reading the threads and posting or replying to existing threads. The forum has sections to describe it's purpose and the rules for participating.

We hope the forum will give staff an opportunity to browse important topics relevant to ACT at their convenience as well as offer a platform to post questions, discussions or suggestions to your co-ACT teams across the state.

Sign up now and be part of our discussions!

Peer Leadership Summit

May 31, 2017

10 am to 8:15 pm

Tan-Tar-A Resort
Lake Ozark, MO

Register Today!

At [Tan-Tar-A](#) use code DEMH when making reservations

Topics include Trauma Informed Care

Motivational Interviewing

Mandated Reporting

Self-Care

Harm Reduction

Recovery Oriented System of Care (ROSC)

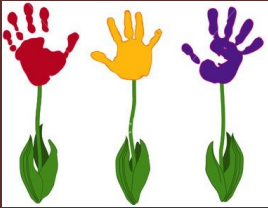
Narcan Training

Medication Assisted Treatment (MAT)



Arts & Literature

Expression



Creativity

**Congrats to Shannon
Becker, Ozark Center,
Joplin MO ACT team,
for being nominated
for 2017 Mental Health
Champion Award!!**



**RESERVED FOR
YOUR SPECIAL
CLIENT ART**